

I was feeling very tired and lethargic. I was also feeling bloated and a little heavier than I wanted to be.

You know the feeling.

One day I decided that I really needed some professional help.

I could have gone to any of the weight loss franchises but wanted a more holistic approach to my health and well-being.

So I looked for a nutritionist and found Georgie Marshall.

After my analysis, Georgie recommended changes to my diet along with a course of supplements.

The results were very quick.

I was soon looking fabulous - and above all - feeling wonderful.

I am now conscious of what I eat and seek out a variety of wholesome foods to maintain my healthy lifestyle.

I want to ensure that my body has all the essential nutrients to give me the energy to live a long and full life.

I want to keep this fabulous feeling for many years to come.

Thank you Georgie. I couldn't have done it without you!

Georgie can do it for you too!

Sue Lister